



dropped object. One of a number of similar tools, the DROPS Calculator is endorsed by the DROPS Workgroup and recognised by HSE Organisations. While other 'calculators' exist, they all follow the same principle - plotting the mass of a

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#### consequences. Considerations

- With light objects (<0.1 kg) a key influencing factor is the effect of an object punching the skin and damaging tissue/organic functions. The calculator assumes a blunt object so is not compatible with broken glass, metal shards etc.
- The wearing of standard PPE, eg hard hat, safety boots and eye protection, is assumed in the calculator.
- Do not subtract the height of an individual, measure fall distance to solid deck/ ground level.
- **DROPS** Calculator and other similar tools are guides only providing cursory indication of possible outcome - they are not an accurate prediction.
- In reality, even a small object falling from height can be lethal.

### JOULES AND THE **40 JOULE RULE**

The **Joule** is a unit of energy equal to the work done by a force of one newton acting through one metre.

In terms of dropped objects, it is recognised that any blunt object achieving 40 Joules or more in fall energy is likely to result in a Recordable incident or worse on impact with an unprotected human body (eq no PPE).

For example, 200g Machine Bolt falling 27m = 53Joules (0.2[kg] x 27[m] x 9.8[g] = 53J).

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## JOULES AND THE 40 JOULE RULE

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